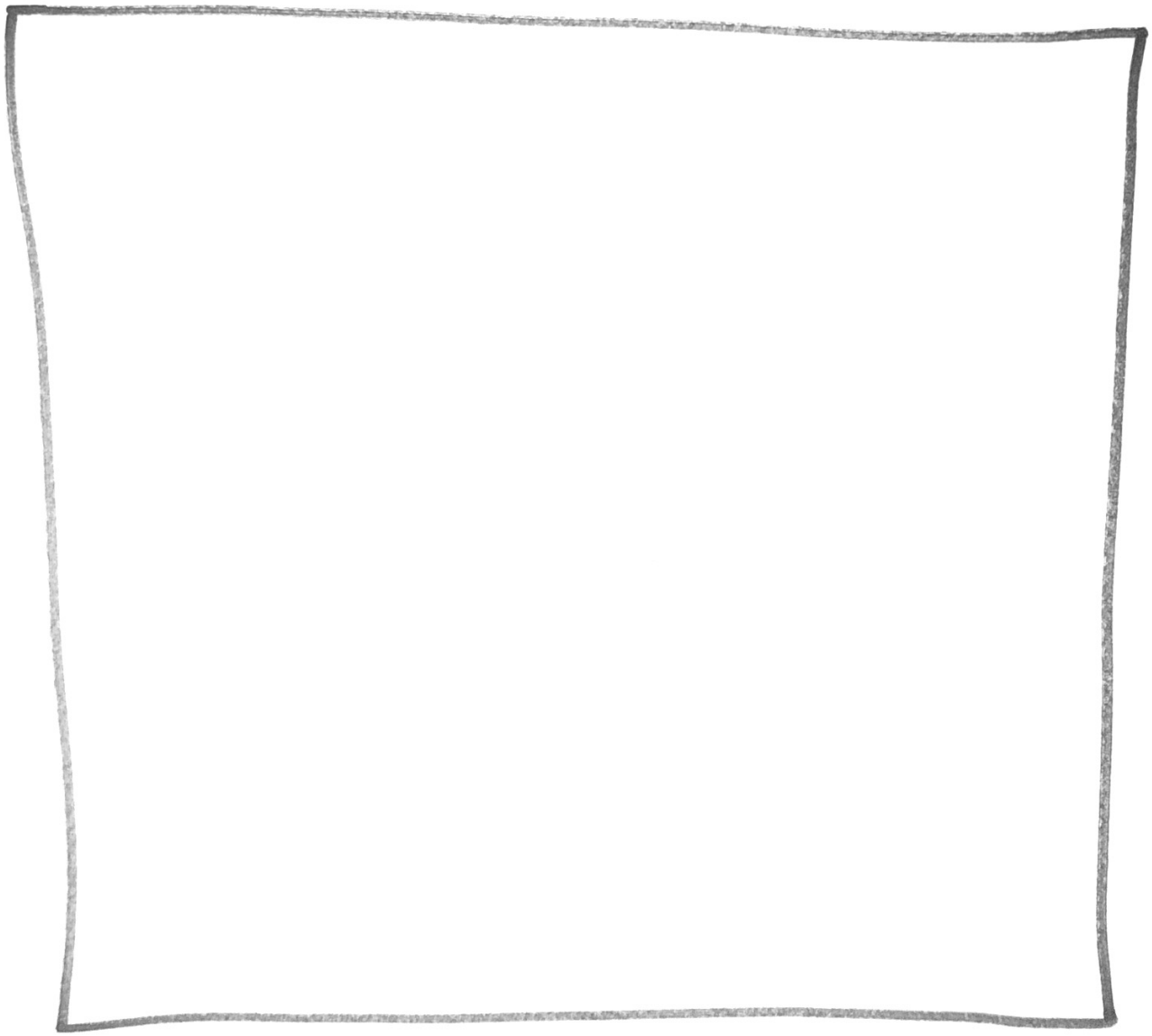
Guess what?

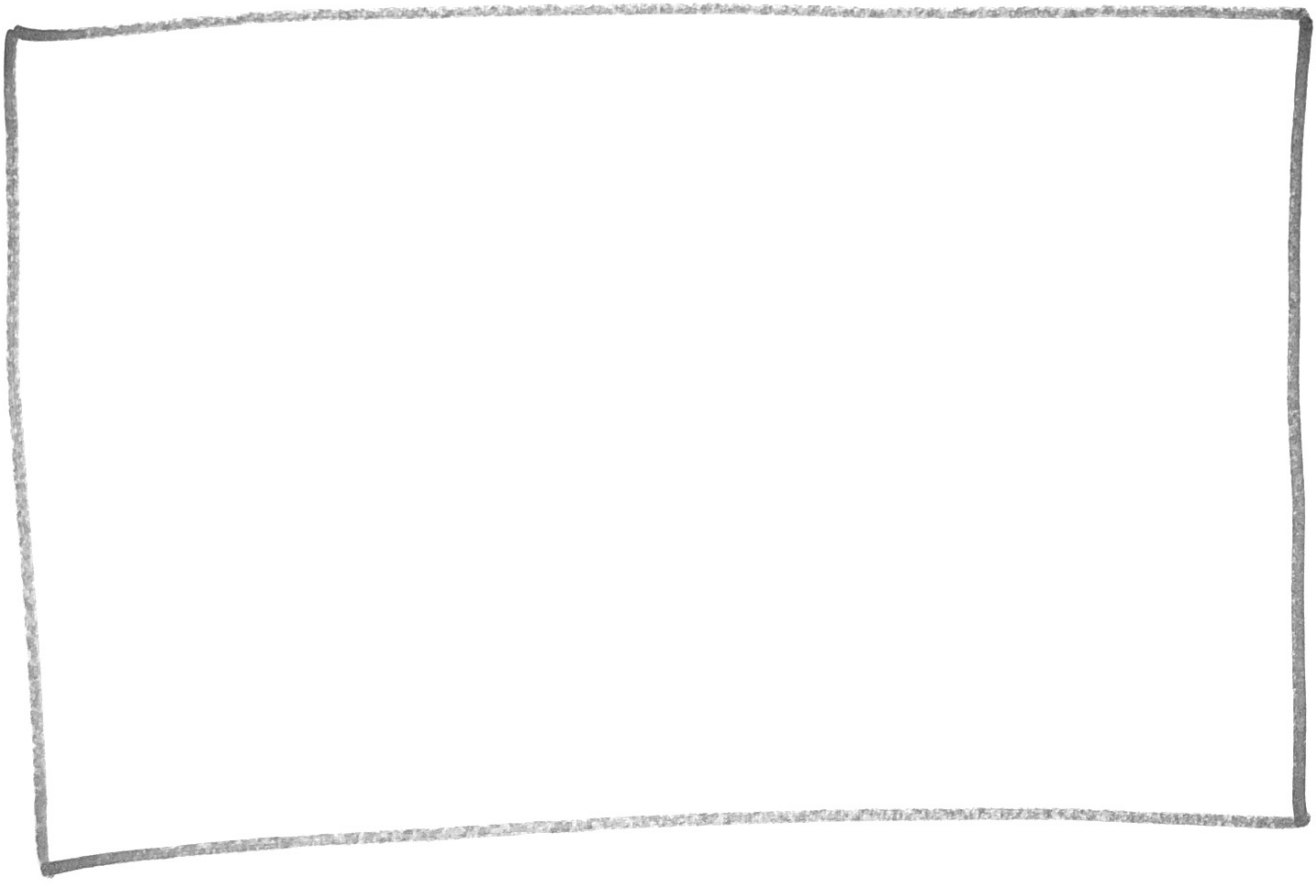
You get to be a Corona-hero for a little while!



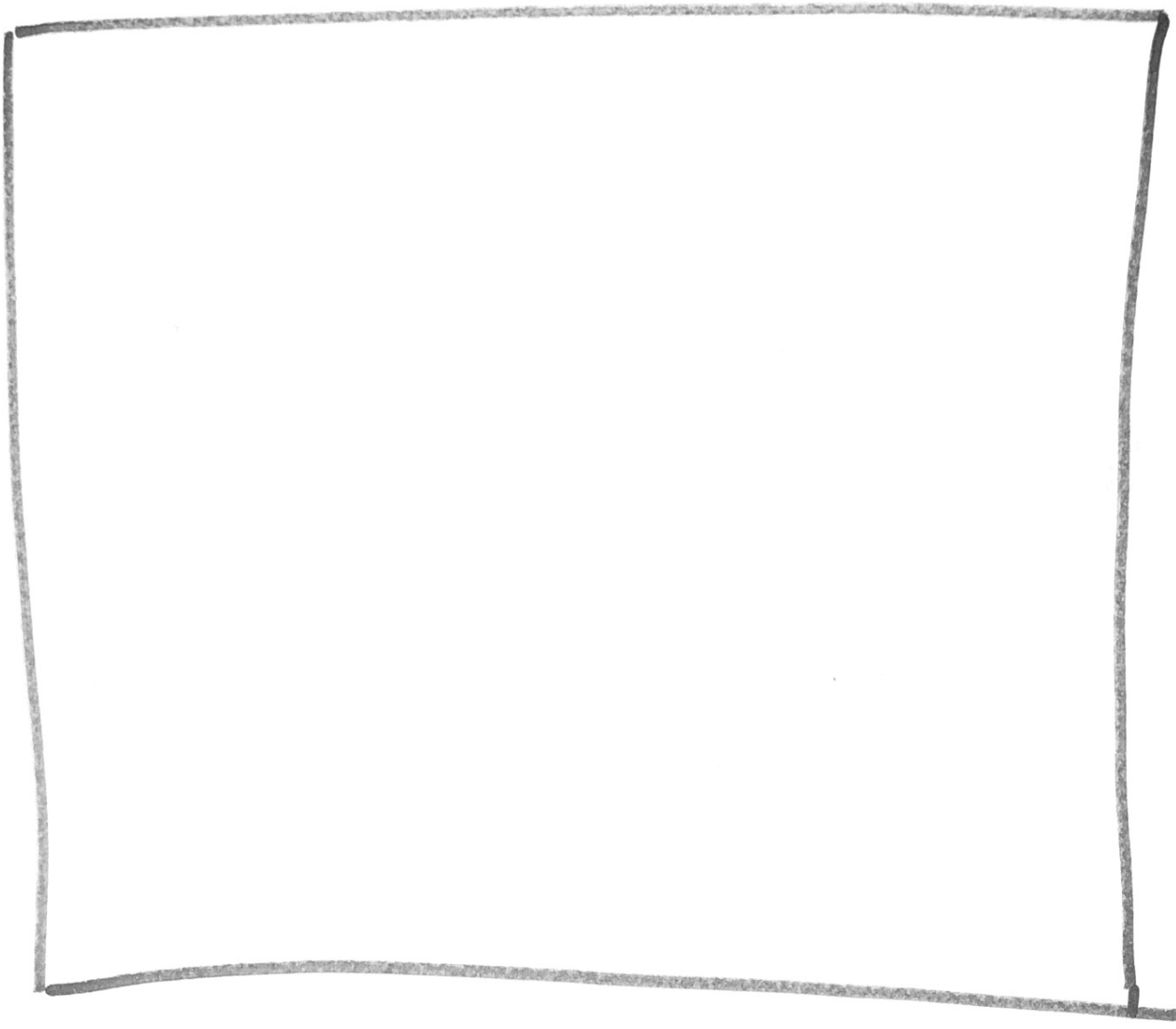
What's a Corona-hero?

Corona-heroes help fight Corona-germs.

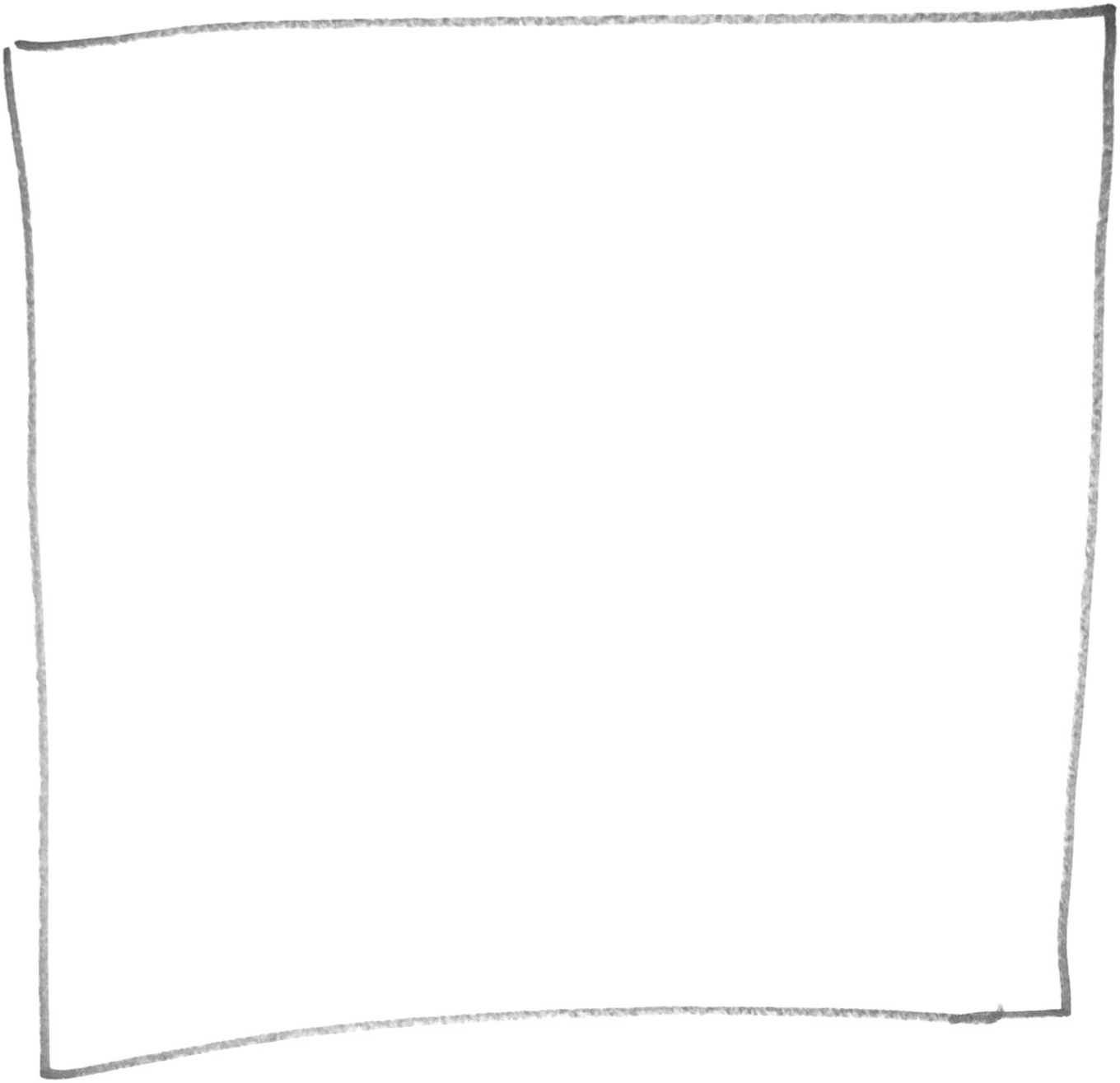
Right now there are some yucky Corona-germs out there in the world!



The good thing is,
Corona-germs don't make
kids very sick – so kids
are extra strong
Corona-heroes!



All the kids + grown-ups in the world are working together to be Corona-heroes.



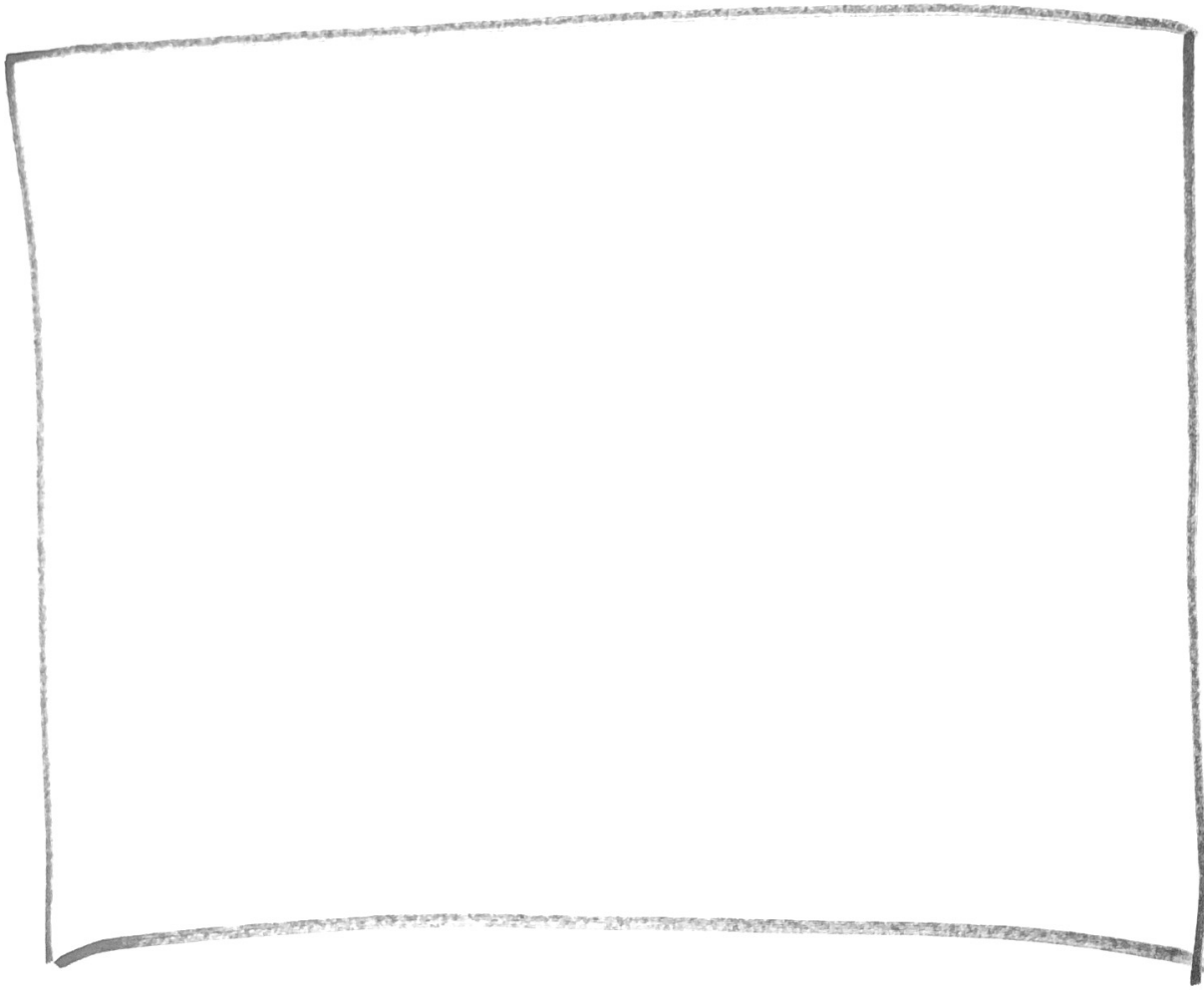
How do Corona-heroes help people stay healthy?

Corona-heroes

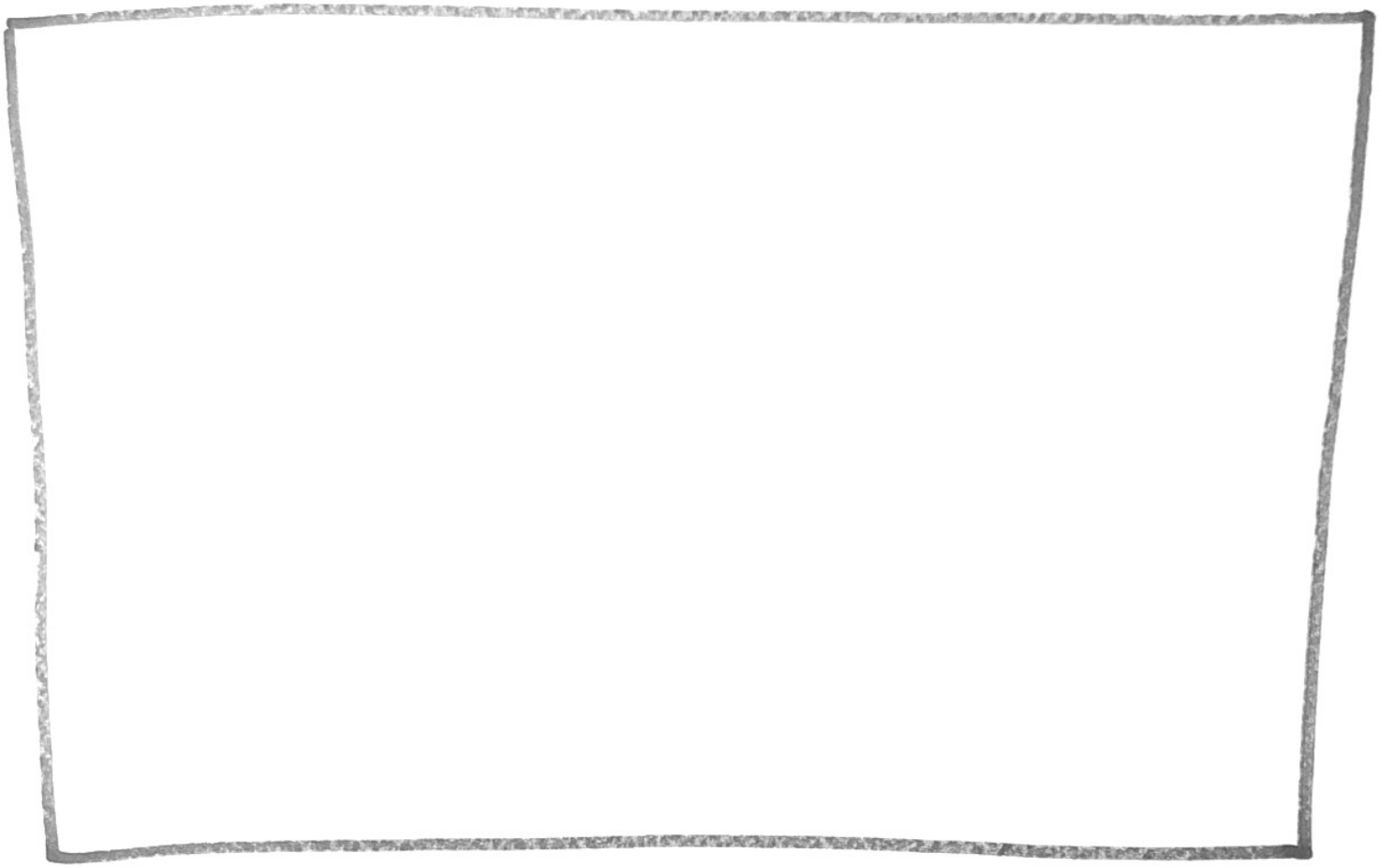
- → wash their hands
- → keep their hands off of their faces + mouths
- → stay home from school for a little while
- → have playdates with friends only on video chat
- → do their very own schedules at home
- → video chat with all of their family members that live in other places

After the Corona-heroes get rid of all of the Corona-germs, they will go back to school + see all of their friends again.

That will be so exciting!



Amazing work, Corona-Hero!



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DISCLAIMER:
I am a Licensed Psychologist but wrote this as a parent to help my 3-year-old daughter understand the abrupt changes to her daily life. I hope this can be helpful for other parents as we all navigate this uncertain and stressful time.

-Rachel Eshel